



GROWN-UP SWIMMING™



Things to do in Hilton Head

Beach

Hilton Head Beaches

[Learn More](#)

Sea Pines Beach Club

[Learn More](#)

Coligny Beach Park

[Learn More](#)

Outdoor activities

Outdoors & Recreation

[Learn More](#)

Water Activities

[Learn More](#)

Other:

Para Sailing

Jet Skiing

Paddleboarding

Kayaking

Bikes

Rent bikes and bike the endless miles of bike trails and beaches

[Learn More](#)

Golf

32 courses and great weather on America's favorite island

[Learn More](#)

For kids

Harbour Town features lots of kid-friendly activities including the [Harbour Town Lighthouse](#) and [Playground](#)

[Learn More](#)

Celebration Park

[Learn More](#)

Sandbox Museum

[Learn More](#)

Nature

Pickney Island State Park

[Learn More](#)

Sea Pines Forest Preserve

[Learn More](#)